

**‘SEEKING GOD’**  
**A Week of Guided Prayer for Lent ~ Taunton Area Churches**  
**Monday 19 March – Saturday 24 March 2012**

Sometimes we may long to talk to God, yet cannot find the words. Or, how can we understand better what God is saying to us; how do we listen? If you are asking these sorts of questions, or have other questions about prayer, please know that you are not alone.

‘Seeking God’ is a Diocesan resource which offers the opportunity for people to explore their relationship with God in a short period of ‘guided prayer’. This means that between 19 and 24 March you could have the opportunity to meet with someone, outside the benefice and in complete confidence, who is trained to listen, encourage and support you. How often you meet with your prayer guide during the week would be entirely up to you.

The week will open with an introductory meeting for all who are taking part at 7pm on Monday 19<sup>th</sup> March in the Taunton area (venue dependent on participants). Between Tuesday and Friday there will be opportunities to meet with your prayer guide and the week will close with a final meeting together on Saturday 24 March in the Taunton area.

If you would like to know more, please do get in touch with

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